



Keith was a Professor in the Department of Exercise and Sport Science at the University of Utah for 39 years (1971-2010) with an area of expertise in the psychosocial aspects of sports. Keith received his P.E.D. degree from Indiana University and has been a member of the University of Utah Faculty since that time. His research interests included the psychology of performance, the use of psychological interventions in sports, and sport psychology for special populations. He has published over 200 articles, 40 chapters of books, five monographs, and co-authored five textbooks. He has directed 53 doctoral dissertations and 23 masters' theses. Keith has been a frequent research presenter and conference speaker having made over 500 presentations during his career. He has served as President (1997-98) of the American Alliance of Health, Physical Education, Recreation, and Dance (AAPHERD). He was also elected a President (2001-2005) of the International Society of Sport Psychology (ISSP) and was the recipient of the Association for Applied Sport Psychology (AASP) Coleman Griffith Award in 2015.

Keith has consulted with numerous world class, professional, and elite level athletes as well as with five National Governing Boards (NGB's) for the United States Olympic Committee (USOC). He has been the sport psychology consultant for the United States Association for Track and Field (USATF), the United States Gymnastic Federation (USGF), the United States Skiing Association (USSA), and the United States Speed Skating Association (USSSA) both long and short track. He has been on the staff for various teams at 10 different Olympic Games. Keith also works with numerous college and professional athletes in his private practice. He has been the sport psychology consultant for the Utah Jazz for the past 37 years.